

Riverside Women's Varsity Soccer

2018 PRACTICE EXCUSAL FORM

Please complete and turn in this excusal form to
Coach Frank or Coach Wetmore prior to your absence from practice time.

Reasons for completion of an excusal form:

- **Family emergency:** a parent or guardian must sign these forms.
- **Personal Injury:** A doctor's note may be attached to the excusal form. This note should state the duration of the excusal and include the potential date of return to participation. Also complete an excusal form if you will be attending a doctor's appointment and missing practice. This form would then be signed by a parent/guardian.
- **Personal Illness:** If you miss school due to illness, you must be listed on the school absentee report in order to be excused from practice. If you are not listed on the absentee report, you will be charged with an unexcused absence. If you leave school because you do not feel well, you must have the nurse sign the excusal form. You must deliver this note to the proper coach before you go home.
- **College Visit:** a parent or guardian must sign these forms.
- **Peer/Teacher Tutoring sessions:** These forms must be signed by the teacher sponsoring the after school help session.

*After one unexcused absence, you will be benched for the next available match. After two unexcused absences, you will be placed at the bottom of the competition ladder and allowed only to climb one spot per week. A third unexcused absence will result in dismissal from the team.

I, _____, will be late to / absent from practice on _____ for the following:
(Print Name) (Date)

(Circle One)

Family Emergency
Personal Injury (with Doctors note)
Personal Illness
College Visit
Peer/Teacher Tutoring

Please write a brief description of the issue:

Signature of Nurse/Parent/Sponsor _____ Date _____